

Diabetes Management Technology

*Auto-coding*

Element™

Log Book



## Dear Patient,

Regular blood-glucose self-monitoring is a must for efficient and successful management of your diabetes mellitus.

Record the results of your blood-glucose tests in this diabetes diary and consult your physician regarding your blood glucose levels.

Do not forget to record any changes from your normal activities, diet or unusual conditions

Please carry this diabetes diary with you at all times.

## My Diabetes Diary and Logbook

Logbook Dates

From : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
          Month       Day       Year

To :       \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
          Month       Day       Year

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Home Telephone

\_\_\_\_\_  
Cell Phone

\_\_\_\_\_  
Doctor's Name

\_\_\_\_\_  
Doctor's Phone

\_\_\_\_\_  
Diabetes Educator's Name

\_\_\_\_\_  
Diabetes Educator's Telephone

\_\_\_\_\_  
In Case of Emergency, Notify (Name)

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Relationship



Week of: \_\_\_\_\_

		Breakfast		Lunch		Dinner		Bedtime		Snack(Bocado)	
		Before	After	Before	After	Before	After	Before	After	Before	After
Monday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										
Tuesday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										
Wednesday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										
Thursday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										
Friday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										
Saturday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										
Sunday	Glucose Reading										
	Insulin/Carbs	/		/		/		/		/	
	Comments										



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